

Utica Winter Opener
Hutton Sports & Recreation Center - 1/12/2024
Results

Women 60 Meter Dash

Facility: 7.67 F 2/5/2022 Riyana Owens
AARTFC: 8.05 A

Name	Yr	School	Prelims
Preliminaries			
1 Nicolette DuBose	FR	Oneonta	8.20Q
2 Katherine Doran	FR	Union (N.Y.)	8.32Q
3 Kadie-Ann Whyte	SR	SUNY Delhi	8.32Q
4 Gabrielle Baker	JR	Union (N.Y.)	8.36Q
5 Alexa Thomas	FR	Hamilton	8.26q
6 Zoe Harris	JR	Saint Rose	8.38q
7 Pepita Graham	FR	Hartwick	8.41q
8 Madison Wagner	SO	Potsdam St.	8.44q
9 Kimberly Dean	SR	SUNY Delhi	8.46
10 Danielle Jackson	JR	Oneonta	8.46
11 Elizabeth Glomski	JR	Utica	8.48
12 Stephanie Seyfang	SR	Canisius	8.56
13 Gianna Iglesias	JR	Misericordia	8.56
14 Margaret Petty	SO	Oneonta	8.56
15 Margaret McNally	SO	St. Lawrence	8.60
16 Meg Cruz	FR	SUNY Delhi	8.63
17 Ava Partenza	FR	Union (N.Y.)	8.64
18 Taylor Johnson	JR	Oneonta	8.70
19 Amelia Petersen	FR	Utica	8.73
20 Emma Robbins	JR	Potsdam St.	8.84
21 Destiny Carter	FR	Hartwick	8.86
22 JoAnne Powers	FR	Potsdam St.	8.90
23 Giovanna Wall	JR	Hartwick	8.91
24 Xiahna Davis	JR	Misericordia	9.01
25 Madison Brandy	FR	Union (N.Y.)	9.22
26 Caroline Hines	SO	St. Lawrence	9.27
27 Julia Lazo	SO	Misericordia	9.40
28 Peyton Hunsicker	FR	St. Lawrence	9.54
29 Megan Aaron	SO	Misericordia	9.54
30 Chrisbel Sanchez - Suezo	FR	Misericordia	10.80
--- Marley Froe	JR	Union (N.Y.)	FS

Women 60 Meter Dash

Facility: 7.67 F 2/5/2022 Riyana Owens
AARTFC: 8.05 A

Name	Yr	School	Finals
Finals			
1 Nicolette DuBose	FR	Oneonta	8.16 10
2 Kadie-Ann Whyte	SR	SUNY Delhi	8.26 8
3 Pepita Graham	FR	Hartwick	8.28 6
4 Gabrielle Baker	JR	Union (N.Y.)	8.32 5
5 Zoe Harris	JR	Saint Rose	8.34 4
6 Alexa Thomas	FR	Hamilton	8.38 3
7 Madison Wagner	SO	Potsdam St.	8.44 2
8 Katherine Doran	FR	Union (N.Y.)	8.47 1

Women 200 Meter Dash

Facility: 25.13 F 2/5/2022 Riyana Owens
AARTFC: 26.30 A

Name	Yr	School	Finals
Finals			
1 Maura Jordan	SR	Canisius	26.84 10
2 Nicolette DuBose	FR	Oneonta	27.25 8
3 Gabrielle Baker	JR	Union (N.Y.)	27.57 6
4 Alexa Thomas	FR	Hamilton	27.70 5
5 Aniya Hugley	SO	Canisius	27.86 4
6 Zoe Harris	JR	Saint Rose	27.89 3
7 Marley Froe	JR	Union (N.Y.)	27.92 2
8 Ejim Nnate	JR	Oneonta	28.07 1
9 Caroline Stanton	JR	Union (N.Y.)	28.18
10 Gianna Iglesias	JR	Misericordia	28.47
11 Rihanna Burgher	FR	Saint Rose	28.48
12 Danielle Jackson	JR	Oneonta	28.48
13 Margaret McNally	SO	St. Lawrence	28.54
14 Ava Partenza	FR	Union (N.Y.)	28.74
15 Pepita Graham	FR	Hartwick	28.94
16 Casey Allen	JR	Misericordia	29.20
17 Taylor Johnson	JR	Oneonta	29.23
18 JoAnne Powers	FR	Potsdam St.	29.42
19 Elizabeth Glomski	JR	Utica	29.43
20 Margaret Petty	SO	Oneonta	29.63
21 Emily Yousey	JR	Potsdam St.	29.64
22 Marcella DeNitto	FR	Hamilton	29.76
23 Abigail Conti	FR	Misericordia	29.99
24 Sage Douglass	JR	Oneonta	30.06
25 Destiny Carter	FR	Hartwick	30.20
26 Atticus Dinsmore	SO	Hartwick	31.43
27 Madison Brandy	FR	Union (N.Y.)	31.50
28 Elena Trempe	FR	St. Lawrence	31.62
29 Peyton Hunsicker	FR	St. Lawrence	31.64
30 Cynthia Carpenter	SO	Misericordia	32.79
31 Amy Francesconi	JR	St. Lawrence	32.85
32 Amelia Berthold	SO	St. Lawrence	34.24

Women 400 Meter Dash

Facility: 56.47 F 2/22/2019 Gina Dello Russo
AARTFC: 1:00.50 A

Name	Yr	School	Finals
Finals			
1 Zoe Rodi	SO	SUNY Delhi	1:01.82 10
2 Katherine Doran	FR	Union (N.Y.)	1:03.13 8
3 Mackenzie Mix	JR	Utica	1:03.52 6
4 Renata Mendez-Alvarez	FR	Hamilton	1:03.67 5
5 Claudia Simione	JR	Utica	1:03.80 4
6 Glory Moncion-Allen	JR	Union (N.Y.)	1:03.82 3
7 Mackenzie Marcus	JR	St. Lawrence	1:09.76 2
8 Amy Francesconi	JR	St. Lawrence	1:16.04 1

Utica Winter Opener
Hutton Sports & Recreation Center - 1/12/2024
Results

Women 500 Meter Dash

Facility: 1:17.83 F 1/28/2017 Marissa Jones

Name	Yr	School	Finals
Finals			
1 Arianna McClendon	FR	Utica	1:19.10 10
2 Kate Scibelli	SO	Hamilton	1:20.64 8
3 Hannah Turner	SO	Hamilton	1:23.07 6
4 Janaiya Cruz-Bermudez	SR	Utica	1:23.32 5
5 Jade Dening	JR	Utica	1:24.99 4
6 Katie Sands	SR	Hamilton	1:25.76 3
7 Gisella King	FR	Saint Rose	1:26.63 2
8 Julia Hise	FR	Canisius	1:31.82 1
9 Noella Burlette	JR	Utica	1:32.49
10 Elaine Fraser	SO	Hamilton	1:33.61
11 Rihanna Burgher	FR	Saint Rose	1:35.00
12 Stephanie Cohen	FR	Hartwick	1:35.39
13 Brooke Iannone	JR	Saint Rose	1:42.89
14 Ysahni Mayshack	FR	SUNY Delhi	1:46.34
15 Emma Zacharewicz	JR	Utica	1:47.39
16 Kayla Burt	FR	Hartwick	2:00.25

Women 800 Meter Run

Facility: 2:17.11 F 1/29/2016 Marisa Divietro

AARTFC: 2:23.00 A

Name	Yr	School	Finals
Finals			
1 Madeleine Hesler	SR	Siena	2:19.28A 10
2 Emily Yousey	JR	Potsdam St.	2:31.43 8
3 Ella Herman	FR	Canisius	2:32.80 6
4 Evie Eastman	FR	SUNY Delhi	2:38.58 5
5 Carlina Davis	JR	Misericordia	2:40.05 4
6 Madison Fleschut	FR	Misericordia	2:41.01 3
7 Quinn Sirgany	FR	St. Lawrence	2:41.20 2
8 Kayla Beebe	FR	Misericordia	2:42.85 1
9 Christina Bagin	SR	Hamilton	2:50.36
10 Adrianna Orlando	FR	Potsdam St.	2:51.05
11 Ashley Wieland	FR	St. Lawrence	2:51.38
12 Labiba Hussain	FR	Union (N.Y.)	2:51.62
13 Jocelyn Tracy	FR	Canisius	2:53.44
14 Nora Graves	JR	St. Lawrence	2:54.61
15 Kaitlyn Burton	JR	Misericordia	3:11.27

Women 1000 Meter Run

Facility: 2:54.29 F 1/18/2020 Sascha Scott

Name	Yr	School	Finals
Finals			
1 Gabrielle DeAngelis	FR	Siena	3:05.10 10
2 Jacqueline Appenheimer	SO	Canisius	3:07.82 8
3 Sasha Iizuka-Sheeley	FR	Hamilton	3:09.36 6
4 Katie Hesler	JR	Siena	3:09.75 5
5 Kylee Odell	SR	Roberts	3:12.70 4
6 Mattingly O'Rourke	SO	Siena	3:14.56 3
7 Marissa Navarra	FR	Siena	3:17.63 2
8 Cameran Stone	SO	St. Lawrence	3:19.04 1
9 Payton Calkins	FR	Canisius	3:19.99

10 Betsy Overstrum	SR	Hamilton	3:20.23
11 Katie Hayes	FR	Siena	3:24.42
12 Sarah Pawlow	JR	Canisius	3:29.97
13 Olivia Armenia	FR	Siena	3:32.35
14 Cassandra Collins	FR	Canisius	3:37.19
15 Olivia Komacek	FR	Oneonta	3:43.17
16 Natalie Deso	FR	Oneonta	3:46.72
17 Brianna Salvo	SO	Utica	3:54.31
18 Noella Burlette	JR	Utica	3:56.86
19 Emma Zacharewicz	JR	Utica	4:11.19
20 Parker Jenkins	FR	Hartwick	5:34.54

Women 1 Mile Run

Facility: 5:06.50 F 2/11/2017 Taryn Cordani

AARTFC: 5:20.00 A

Name	Yr	School	Finals
Finals			
1 Allison Sibold	JR	St. Lawrence	4:51.91F 10
2 Madeleine Hesler	SR	Siena	4:57.41F 8
3 Keira Flaherty	JR	Siena	5:06.51A 6
4 Katie Hesler	JR	Siena	5:12.99A 5
5 Grace Morningstar	FR	Misericordia	5:21.05 4
6 Brianna Wagner	JR	Misericordia	5:23.19 3
7 Betsy Overstrum	SR	Hamilton	5:26.65 2
8 Hannah Bennett	FR	St. Lawrence	5:27.37 1
9 Marissa Navarra	FR	Siena	5:30.56
10 Olivia Bernier	JR	St. Lawrence	5:35.58
11 Izzy McNamee	SO	Siena	5:39.70
12 Carly Zack	FR	St. Lawrence	5:40.41
13 Olivia Armenia	FR	Siena	5:46.78
14 Gianna Welker	SO	Utica	5:58.70
15 Mary Bryant	FR	SUNY Delhi	6:06.17
16 Brynita Haas	SO	Hartwick	6:06.28
17 Clara Fu	SO	Hamilton	6:06.54
18 Maria Kelly	SO	Misericordia	6:09.49
19 Grace McDonough	FR	St. Lawrence	6:10.23
20 Emma Rothe	JR	St. Lawrence	6:20.00
21 Brianna Salvo	SO	Utica	6:23.33
22 Sophia Kehr	JR	Hartwick	6:48.33
23 Noelle Mastraccio	SR	Oneonta	6:51.77
--- Parker Jenkins	FR	Hartwick	DNF

Women 3000 Meter Run

Facility: 9:50.10 F 1/2/2016 Kelsey Chmiel

AARTFC: 10:40.00 A

Name	Yr	School	Finals
Finals			
1 Olivia Moran	SR	Canisius	10:02.66A 10
2 Julia Caputo	JR	Siena	10:06.58A 8
3 Kayla Schmidt	JR	Canisius	10:22.51A 6
4 Jules Jones	SR	Canisius	10:34.84A 5
5 Emma Palumbo	JR	St. Lawrence	10:40.75 4
6 Kaitlin DeForest	FR	Siena	10:46.18 3
7 Madison Kammer	SO	Misericordia	10:46.46 2
8 Sabrinna Mena	JR	Oneonta	10:47.60 1
9 Faith Skowvron	FR	Siena	10:51.99

Utica Winter Opener
Hutton Sports & Recreation Center - 1/12/2024

Results**Finals ... (Women 3000 Meter Run)**

Name	Yr	School	Finals
10 Katherine Jones	JR	Misericordia	10:52.86
11 Olivia O'Donnell	JR	Oneonta	10:54.74
12 Caroline Kelly	JR	Union (N.Y.)	11:00.81
13 Miranda Gilbert	JR	Siena	11:02.61
14 Adriana Cecchetelli	SO	St. Lawrence	11:05.35
15 Christina Peppy	JR	Siena	11:06.28
16 Rachel Ulrich	SO	Misericordia	11:19.29
17 Claire Pfanstiel	FR	Hamilton	11:19.46
18 Brooke Podgorski	FR	Canisius	11:29.19
19 Annabel Dobash	FR	Union (N.Y.)	11:31.44
20 Madison Morrow	JR	Misericordia	11:36.23
21 Kinsley Holl	JR	St. Lawrence	11:37.85
22 Chloe Breen	JR	Canisius	11:56.60
23 Mia Servis	FR	Canisius	11:57.25
24 Brynita Haas	SO	Hartwick	12:00.39
25 Aubrey Soller	JR	Oneonta	12:18.14
26 Adeline Moore	JR	St. Lawrence	13:22.81
27 Sophia Kehr	JR	Hartwick	13:30.78

Women 5000 Meter Run

Facility: 17:51.80 F 2/2/2019 Christine Myers

AARTFC: 18:50.00 A

Name	Yr	School	Finals
Finals			
1 Lily Murphy	FR	Hamilton	17:41.55F 10
2 Grace Gallagher	SO	Misericordia	18:02.61A 8
3 Marissa Silba	SR	Canisius	18:33.90A 6
4 Taylor Heschke	JR	Canisius	18:45.56A 5
5 Gia Engel	FR	Oneonta	19:24.33 4
6 Maria Stuhlman		Unattached	X19:29.19
7 Sierra Basco	JR	Oneonta	20:37.77 3
8 Sarah Luby	JR	Oneonta	21:18.25 2
9 Brooke Iannone	JR	Saint Rose	22:11.13 1

Women 60 Meter Hurdles

Facility: 9.08 F 2/18/2017 Amber Edwards

AARTFC: 9.50 A

Name	Yr	School	Prelims
Preliminaries			
1 Hailee Lowe	JR	Roberts	A 9.24Q
2 Ejim Nnate	JR	Oneonta	A 9.28Q
3 Ashley Sheldon	FR	Union (N.Y.)	9.84Q
4 Stefania Grimaldi	FR	Utica	10.19q
5 Amelia Petersen	FR	Utica	10.25q
6 Stephanie Seyfang	SR	Canisius	10.36q
7 Sage Douglass	JR	Oneonta	10.55q
8 Eko Dodd-Brown	FR	Oneonta	10.56q
9 Clara Winkel	FR	Hamilton	10.64
10 Molly Corbett	FR	Hartwick	11.01
11 Stephanie Cohen	FR	Hartwick	11.26
12 Raven Winters	JR	Potsdam St.	11.68
13 Amelia Berthold	SO	St. Lawrence	11.72
14 Elena Trempe	FR	St. Lawrence	11.75

15 Melinda Reid	FR	SUNY Delhi	12.18
--- Kiran Black	SO	St. Lawrence	DNF

Women 60 Meter Hurdles

Facility: 9.08 F 2/18/2017 Amber Edwards

AARTFC: 9.50 A

Name	Yr	School	Finals
Finals			
1 Ejim Nnate	JR	Oneonta	9.01F 10
2 Hailee Lowe	JR	Roberts	9.26A 8
3 Ashley Sheldon	FR	Union (N.Y.)	9.59 6
4 Stephanie Seyfang	SR	Canisius	9.97 5
5 Stefania Grimaldi	FR	Utica	10.35 4
6 Sage Douglass	JR	Oneonta	10.46 3
7 Amelia Petersen	FR	Utica	11.21 2
--- Eko Dodd-Brown	FR	Oneonta	DNF

Women 4x200 Meter Relay

Facility: 1:45.85 F 2/18/2017 RFA HS

S Lewis, O Griggs, M Hunt, T Posey-Barry

Team	Relay	Finals
Finals		
1 Utica	A	1:49.18 10
1) Mackenzie Mix JR		2) Claudia Simione JR
3) Alyssa Youngs FR		4) Arianna McClendon FR
2 Oneonta	A	1:54.30 8
1) Danielle Jackson JR		2) Nicolette DuBose FR
3) Ejim Nnate JR		4) Margaret Petty SO
3 Union (N.Y.)	A	1:54.44 6
1) Marley Froe JR		2) Madison Brandy FR
3) Ava Partenza FR		4) Ashley Sheldon FR
4 Utica	B	x1:57.48
1) Zeniyah Gholson SO		2) Abrianna Wadley JR
3) Amelia Petersen FR		4) Janaiya Cruz-Bermudez SR
5 Hamilton	A	1:57.70 5
1) Alexa Thomas FR		2) Clara Winkel FR
3) Elaine Fraser SO		4) Marcella DeNitto FR
6 Potsdam St.	A	2:01.23 4
1) Raven Winters JR		2) Madison Wagner SO
3) Emma Robbins JR		4) JoAnne Powers FR
7 St. Lawrence	A	2:02.42 3
1) Margaret McNally SO		2) Mackenzie Marcus JR
3) Elena Trempe FR		4) Caroline Hines SO
8 Utica	C	x2:02.64
1) Jayle Leonard FR		2) Nyasia Marsh FR
3) Stefania Grimaldi FR		4) Hannah Allison FR

Women 4x400 Meter Relay

Facility: 4:01.97 F 2/18/2017 West Genesee HS

C. Benson, M. Delia, K. Dombroske, E. Young

AARTFC: 4:10.00 A

Team	Relay	Finals
Finals		
1 Hamilton	A	4:11.67 10
1) Hannah Turner SO		2) Renata Mendez-Alvarez FR
3) Claire Tratnyek SO		4) Kate Scibelli SO

Utica Winter Opener
Hutton Sports & Recreation Center - 1/12/2024
Results

Finals ... (Women 4x400 Meter Relay)

Team	Relay	Finals
2 Siena	A	4:20.01 8
1) Mattingly O'Rourke SO	2) Gabrielle DeAngelis FR	
3) Izzy McNamee SO	4) Keira Flaherty JR	
3 Union (N.Y.)	A	4:20.65 6
1) Gabrielle Baker JR	2) Glory Moncion-Allen JR	
3) Caroline Stanton JR	4) Katherine Doran FR	
4 Canisius	A	4:20.83 5
1) Maura Jordan SR	2) Katie Gawronski SR	
3) Jocelyn Tracy FR	4) Aniya Hugley SO	
5 Canisius	C	x4:28.76
1) Olivia Moran SR	2) Jules Jones SR	
3) Kayla Schmidt JR	4) Marissa Silba SR	
6 St. Lawrence	A	4:31.02 4
1) Carly Zack FR	2) Allison Sibold JR	
3) Hannah Bennett FR	4) Cameran Stone SO	
7 Misericordia	A	4:31.73 3
1) Madison Fleschut FR	2) Kristin Gallagher SR	
3) Grace Morningstar FR	4) Casey Allen JR	
8 Canisius	B	x4:42.61
1) Ella Herman FR	2) Hope Marshall SR	
3) Payton Calkins FR	4) Julia Hise FR	
9 Oneonta	A	4:50.19 2
1) Taylor Johnson JR	2) Natalie Deso FR	
3) Olivia Komacek FR	4) Noelle Mastraccio SR	
10 Canisius	D	x4:58.29
1) Sarah Pawlow JR	2) Cassandra Collins FR	
3) Mia Servis FR	4) Chloe Breen JR	
11 St. Lawrence	B	x5:02.55
1) Nora Graves JR	2) Quinn Sirgany FR	
3) Ashley Wieland FR	4) Grace McDonough FR	

Women High Jump

Facility: 1.68m F 12/8/2018 Maya Verma

AARTFC: 1.57m A

Name	Yr	School	Finals
Finals			
1 Ashley Sheldon	FR	Union (N.Y.)	1.62mA 10
2 Hannah Allison	FR	Utica	1.57mA 8
3 Casey Allen	JR	Misericordia	1.57mA 6
4 Abrianna Wadley	JR	Utica	1.57mA 5
5 Hailee Lowe	JR	Roberts	1.47m 4
6 Melinda Reid	FR	SUNY Delhi	1.42m 3
7 Stefania Grimaldi	FR	Utica	1.37m 1.5
7 Eko Dodd-Brown	FR	Oneonta	1.37m 1.5
9 Amelia Berthold	SO	St. Lawrence	1.30m
--- Chrisbel Sanchez - Suezo	FR	Misericordia	DNS

Women Pole Vault

Facility: 4.35m F 1/26/2019 Katherine Pitman

AARTFC: 3.30m A

Name	Yr	School	Finals
Finals			
1 Brynn King	JR	Roberts	4.46mF 10
2 Melia Couchman	FR	Roberts	3.75mA 8

3	Cassandra Wood	FR	Utica	2.70m	6
4	Maizie Poulakis	FR	Utica	2.70m	5
5	Jayle Leonard	FR	Utica	2.70m	4

Women Long Jump

Facility: 5.83m F 12/10/2022 Alexa Wandy

AARTFC: 5.30m A

Name	Yr	School	Finals
Finals			
1 Nora Devitt	JR	Utica	5.11m 10
2 Zeniyah Gholson	SO	Utica	5.05m 8
3 Gisella King	FR	Saint Rose	4.96m 6
4 Madison Wagner	SO	Potsdam St.	4.90m 5
5 Alyssa Youngs	FR	Utica	4.88m 4
6 Stefania Grimaldi	FR	Utica	4.81m 3
7 Kimberly Dean	SR	SUNY Delhi	4.79m 2
8 Sophia Bruce	FR	Utica	4.77m 1
9 Mackenzie Marcus	JR	St. Lawrence	4.76m
10 Nyasia Marsh	FR	Utica	4.72m
11 Caroline Stanton	JR	Union (N.Y.)	4.69m
12 Kiran Black	SO	St. Lawrence	4.65m
13 Sage Douglass	JR	Oneonta	4.64m
14 Camdyn Cole	FR	Utica	4.64m
15 Abrianna Wadley	JR	Utica	4.58m
16 Abigail Conti	FR	Misericordia	4.44m
17 Emma Robbins	JR	Potsdam St.	4.42m
18 Hannah Allison	FR	Utica	4.41m
19 Emma Fasolo	FR	Utica	4.20m
20 Julia Lazo	SO	Misericordia	4.10m
21 Xiahna Davis	JR	Misericordia	4.09m
22 Atticus Dinsmore	SO	Hartwick	4.07m
23 Peyton Hunsicker	FR	St. Lawrence	4.07m
24 Megan Aaron	SO	Misericordia	4.05m
25 Cynthia Carpenter	SO	Misericordia	4.01m
--- Caroline Hines	SO	St. Lawrence	FOUL
--- Lyla Baldwin	FR	St. Lawrence	FOUL
--- Ejim Nnate	JR	Oneonta	DNS

Women Triple Jump

Facility: 11.86m F 2/20/2016 Sarah Wiatr

AARTFC: 10.80m A

Name	Yr	School	Finals
Finals			
1 Nora Devitt	JR	Utica	10.92mA 10
2 Zeniyah Gholson	SO	Utica	10.65m 8
3 Sophia Bruce	FR	Utica	10.27m 6
4 Nyasia Marsh	FR	Utica	10.16m 5
5 Alyssa Youngs	FR	Utica	10.15m 4
6 Camdyn Cole	FR	Utica	9.76m 3
7 Clara Winkel	FR	Hamilton	9.67m 2
8 Emma Fasolo	FR	Utica	9.00m 1
--- Megan Aaron	SO	Misericordia	FOUL
--- Cynthia Carpenter	SO	Misericordia	FOUL
--- Caroline Hines	SO	St. Lawrence	FOUL
--- Mackenzie Marcus	JR	St. Lawrence	FOUL
--- Madeline Buck	FR	Hamilton	DNS

**Utica Winter Opener
Hutton Sports & Recreation Center - 1/12/2024**

Results

Finals ... (Women Triple Jump)

Name	Yr	School	Finals
--- Xiahna Davis	JR	Misericordia	DNS

Women Shot Put

Facility: 14.02m F 2/22/2019 Katie Weeks

AARTFC: 11.70m A

Name	Yr	School	Finals
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Finals

1	Jane Fahy	SR	Utica	13.71mA	10
2	Isabella Fabrizio	JR	Oneonta	12.83mA	8
3	Allie Cary	FR	Utica	11.74mA	6
4	Riley King	FR	Utica	11.39m	5
5	Teghan Garris	JR	Oneonta	11.23m	4
6	Kitty Messina	JR	SUNY Delhi	11.21m	3
7	Emily Boswell	JR	St. Lawrence	10.51m	2
8	Tarryn Herman	SO	Oneonta	10.45m	1
9	Ranasia Bailey	SO	Utica	10.30m	
10	Megan Brinck	SO	Utica	10.04m	
11	Gabby Bellomo	JR	Misericordia	9.99m	
12	Dana Schwartz	SO	Hamilton	9.71m	
13	Jenna Deep		Syr. Chargers	X9.57m	
14	Emma Crahan	FR	Saint Rose	9.42m	
15	Gabi Ragozzine	SO	Oneonta	9.38m	
16	Izabella Bochicchio	FR	Misericordia	9.16m	
17	Duanena Graves		Unattached	X9.14m	
18	Emilia Costello	JR	Utica	9.10m	
19	Lydia Mirabito	SO	Hamilton	9.02m	
20	Giovanna Wall	JR	Hartwick	8.90m	
21	Rosemary Fleischmann	SO	St. Lawrence	8.86m	
22	Amanda Hausle	SO	Utica	8.82m	
23	Alyssa Cole	SO	SUNY Delhi	8.71m	
24	Makenna Black	SO	Oneonta	8.63m	
25	Rylee Lyons	SO	Hamilton	8.19m	
26	Sage Douglass	JR	Oneonta	7.86m	
27	Abbie Knaish	SO	Utica	7.30m	
28	Shanel Dixon	FR	Hartwick	7.20m	
29	Rylee Moreau	FR	Saint Rose	7.08m	
30	Rylee Semco	SO	Potsdam St.	6.92m	
31	Wyatt Newman	FR	St. Lawrence	6.79m	
32	Sundee Kroyer	JR	Union (N.Y.)	6.72m	
33	Margaret Buckley	FR	Union (N.Y.)	6.50m	
34	Caroline Stanton	JR	Union (N.Y.)	6.24m	
35	Epephanie LaBoy	FR	Union (N.Y.)	6.22m	

Women Weight Throw

Facility: 18.17m F 1/26/2019 Valerie Hinds

AARTFC: 14.50m A

Name	Yr	School	Finals
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Finals

1	Isabella Fabrizio	JR	Oneonta	14.52mA	10
2	Kitty Messina	JR	SUNY Delhi	14.50mA	8
3	Gabi Ragozzine	SO	Oneonta	13.83m	6
4	Gabby Bellomo	JR	Misericordia	13.44m	5
5	Hailey Hrouda	FR	Utica	13.19m	4
6	Riley King	FR	Utica	13.19m	3

7	Ranasia Bailey	SO	Utica	12.87m	2
8	Sarah Florian	SO	Utica	12.33m	1
9	Allie Cary	FR	Utica	12.25m	
10	Jenna Deep		Syr. Chargers	X12.09m	
11	Makenna Black	SO	Oneonta	11.94m	
12	Emilia Costello	JR	Utica	11.68m	
13	Dana Schwartz	SO	Hamilton	11.60m	
14	Lydia Mirabito	SO	Hamilton	11.22m	
15	Rosemary Fleischmann	SO	St. Lawrence	10.99m	
16	Tarryn Herman	SO	Oneonta	10.83m	
17	Duanena Graves		Unattached	X10.62m	
18	Megan Brinck	SO	Utica	10.40m	
19	Emma Crahan	FR	Saint Rose	9.75m	
20	Teghan Garris	JR	Oneonta	9.41m	
21	Sarra Ben Abdallah	JR	Hamilton	9.36m	
22	Izabella Bochicchio	FR	Misericordia	9.27m	
23	Emily Boswell	JR	St. Lawrence	9.26m	
24	Rylee Semco	SO	Potsdam St.	9.03m	
25	Abbie Knaish	SO	Utica	8.81m	
26	Amanda Hausle	SO	Utica	8.75m	
27	Wyatt Newman	FR	St. Lawrence	7.93m	
28	Rylee Lyons	SO	Hamilton	7.74m	
29	Giovanna Wall	JR	Hartwick	7.25m	
30	Rylee Moreau	FR	Saint Rose	6.89m	
31	Margaret Buckley	FR	Union (N.Y.)	5.71m	
32	Epephanie LaBoy	FR	Union (N.Y.)	5.18m	

Men 60 Meter Dash

Facility: 6.87 F 1/28/2017 Nicodemus Gambill

AARTFC: 7.10 A

Name	Yr	School	Prelims
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Preliminaries

1	Dayzin Legare	FR	SUNY Delhi	A 7.02Q
2	Chris Ganley	SR	Oneonta	A 7.07Q
3	Sam Ahern	JR	Union (N.Y.)	7.14Q
4	William Hauf	JR	St. Lawrence	7.16Q
5	Matai Hazel	FR	Saint Rose	7.23Q
6	Jacob Hunter	FR	Misericordia	7.27Q
7	Shemar Delphin	JR	Saint Rose	7.28Q
8	Dionis Best	FR	Saint Rose	7.22q
9	Aaron Binion	FR	Union (N.Y.)	7.28
10	Sakyi Okwaning	FR	Union (N.Y.)	7.30
11	Kip Isaac	SO	Misericordia	7.30
12	Carter Daniels	FR	St. Lawrence	7.33
13	Ryan Swinea	FR	SUNY Delhi	7.35
14	Joshua Jerome	SO	Oneonta	7.37
15	Zach Jones		Syr. Chargers	X7.39
16	Matthieu Brunelle	SR	Misericordia	7.40
17	Shane Tinney	JR	Utica	7.40
18	Alec Weiss	JR	Oneonta	7.41
19	Nicholas Shukauskys	FR	Misericordia	7.42
20	Cristhian Cuevas	SO	SUNY Delhi	7.43
21	Luke Foster	FR	SUNY Delhi	7.43
22	Patrick Conteh	SO	Hartwick	7.43
23	Valenick Exantus	SO	SUNY Delhi	7.44

Utica Winter Opener
Hutton Sports & Recreation Center - 1/12/2024
Results

Preliminaries ... (Men 60 Meter Dash)

Name	Yr	School	Prelims
24 Michael Ngaw	JR	Hamilton	7.46
25 Nyles Rogers	JR	Utica	7.46
26 Eric Nieves	JR	Oneonta	7.47
27 Brandon Bandoy	FR	Oneonta	7.48
28 Jeffrey Forkhamer	FR	Utica	7.51
28 Quran Best	SO	Hartwick	7.51
30 James McBride	FR	Misericordia	7.51
31 Jack Beauchesne	FR	St. Lawrence	7.51
32 Dylan Blackwell	SO	Misericordia	7.53
33 Nick Darrigo	SO	Oneonta	7.54
34 John Tanis	JR	Misericordia	7.55
35 Quinn Zurolo	FR	Hamilton	7.55
36 Trevon Walker	FR	Saint Rose	7.55
37 Mateo Alvarez	FR	Hamilton	7.57
38 Matthew Murphy	FR	Utica	7.57
39 Corey Quomony	JR	Hartwick	7.58
40 Cliff Biehl	JR	Oneonta	7.67
41 Ronald Rosa Benicio	FR	Union (N.Y.)	7.70
42 Tim Petty	JR	Potsdam St.	7.70
43 Syed Ali	FR	Union (N.Y.)	7.72
44 Mohamed Dhouib	SR	Hamilton	7.75
45 Nicholas Peccia	FR	Utica	7.76
46 Eli Coleman	JR	Union (N.Y.)	7.80
47 Thomas Pinkowski	FR	Oneonta	7.85
48 Jayden Tsoi	FR	Oneonta	7.91
49 Brandon Williams	SR	Saint Rose	7.91
50 Elroy Able	FR	Saint Rose	7.93
51 Michael Prata	JR	Oneonta	7.93
52 James Adams	FR	Hartwick	8.00
--- Junior Oduro	JR	Potsdam St.	FS

Men 60 Meter Dash

Facility: 6.87 F 1/28/2017 Nicodemus Gambill

AARTFC: 7.10 A

Name	Yr	School	Finals
Finals			
1 Dayzin Legare	FR	SUNY Delhi	6.98A 10
2 Chris Ganley	SR	Oneonta	7.04A 8
3 Sam Ahern	JR	Union (N.Y.)	7.06A 6
4 Matai Hazel	FR	Saint Rose	7.11 5
5 Shemar Delphin	JR	Saint Rose	7.19 4
6 Jacob Hunter	FR	Misericordia	7.29 3
7 Dionis Best	FR	Saint Rose	7.48 2

Men 200 Meter Dash

Facility: 21.90 F 1/26/2019 George Alexandris

AARTFC: 22.60 A

Name	Yr	School	Finals
Finals			
1 Andrew Hadasz	SR	Utica	22.15A 10
2 Dayzin Legare	FR	SUNY Delhi	22.30A 8
3 Sam Ahern	JR	Union (N.Y.)	22.51A 6
4 Chris Ganley	SR	Oneonta	22.85 5
5 Matai Hazel	FR	Saint Rose	23.03 4

6 Peter Cuomo	SR	Hamilton	23.10	3
7 Shemar Delphin	JR	Saint Rose	23.33	2
8 Ethan Kain	SR	Utica	23.39	1
9 Carter Daniels	FR	St. Lawrence	23.41	
10 Caleb Young	FR	St. Lawrence	23.50	
11 Ryan Swinea	FR	SUNY Delhi	23.63	
12 Alec Weiss	JR	Oneonta	23.74	
13 Ronald Rosa Benicio	FR	Union (N.Y.)	23.76	
14 Nick Darrigo	SO	Oneonta	23.77	
15 Joshua Jerome	SO	Oneonta	23.78	
16 Jack Beauchesne	FR	St. Lawrence	23.82	
17 Aaron Binion	FR	Union (N.Y.)	23.82	
18 Dylan Blackwell	SO	Misericordia	23.97	
19 Patrick Conteh	SO	Hartwick	24.08	
20 Nae'qwon Morris	FR	Misericordia	24.14	
21 Michael Ngaw	JR	Hamilton	24.24	
22 Ethan Christophersen	FR	Oneonta	24.25	
23 Shane Tinney	JR	Utica	24.26	
24 Mateo Alvarez	FR	Hamilton	24.27	
25 Sakyi Okwaning	FR	Union (N.Y.)	24.29	
26 Owen McGuffey	SO	Misericordia	24.36	
27 Eric Nieves	JR	Oneonta	24.43	
28 Nyles Rogers	JR	Utica	24.67	
29 Brandon Bandoy	FR	Oneonta	24.72	
30 Matthew Reed	FR	Potsdam St.	24.80	
31 Corey Quomony	JR	Hartwick	24.82	
32 Aidan Kelly	JR	Oneonta	24.89	
33 Quran Best	SO	Hartwick	24.89	
34 Joseph Ciardi	SO	Oneonta	24.89	
35 Edwin Mensah-Boateng	JR	Hamilton	25.10	
36 Luca Montesano	FR	Hartwick	25.12	
37 Alexander Mavros	JR	Oneonta	25.17	
38 Kip Isaac	SO	Misericordia	25.18	
39 Henry Daley		Unattached	X25.19	
40 Charles Gartner	JR	St. Lawrence	25.29	
41 Mohamed Dhouib	SR	Hamilton	25.31	
42 Nicholas Shukauskys	FR	Misericordia	25.34	
43 Aly Ceesay	SR	Potsdam St.	25.41	
44 Keenan Wood	FR	Saint Rose	25.46	
45 Saleh Eltayeb	SR	Hamilton	25.48	
46 Syed Ali	FR	Union (N.Y.)	25.48	
47 Shakei Smith	SO	Misericordia	25.51	
48 William Beck	JR	Union (N.Y.)	25.60	
49 Cole DiGiacomo	SO	Union (N.Y.)	25.94	
50 Nicholas Peccia	FR	Utica	26.24	
51 Marquis Jones-Mckinney	FR	Hartwick	26.41	
52 Brandon Williams	SR	Saint Rose	26.67	
--- Junior Oduro	JR	Potsdam St.	DNF	

Men 400 Meter Dash

Facility: 48.50 F 12/9/2023 Josh Jeffes

AARTFC: 50.50 A

Name	Yr	School	Finals
Finals			
1 Nolan Flynn	SO	Utica	51.07 10
2 Caleb Young	FR	St. Lawrence	52.01 8

Utica Winter Opener
Hutton Sports & Recreation Center - 1/12/2024

Results**Finals ... (Men 400 Meter Dash)**

	Name	Yr	School	Finals	
3	Jonathan Simmons	JR	Utica	53.79	6
4	John Mahoney	FR	St. Lawrence	54.19	5
5	Kevin Martinez	FR	Hamilton	54.86	4
6	Joseph Ciardi	SO	Oneonta	55.96	3
7	Brendan O'Horo	FR	St. Lawrence	56.84	2
8	Henry Daley		Unattached	X56.91	
9	Arthur Hartel	SO	Canisius	57.02	1
10	Andrew Patterson	SO	Hamilton	57.91	
11	Elroy Able	FR	Saint Rose	57.97	
12	Theodore Tsamis	FR	Utica	59.02	
13	Sean Henley	FR	Potsdam St.	59.05	
14	Isait Flores	FR	Utica	1:00.87	
15	Harper Barrett	SR	Potsdam St.	1:02.34	
---	Trevon Walker	FR	Saint Rose	DQ	

Men 500 Meter Dash

Facility: 1:06.02 F 1/14/2017 Nick Lababara

	Name	Yr	School	Finals	
Finals					
1	Josh Jeffes	JR	SUNY Delhi	1:05.07F	10
2	Nate Oczkowski		Unattached	X1:07.49	
3	Reese Casinelli	SO	Saint Rose	1:07.66	8
4	Tanner Warren	FR	Utica	1:07.92	6
5	Evan Smith	FR	Utica	1:09.24	5
6	Dominic Clementi	SR	Canisius	1:09.41	4
7	Benjamin Ingram	JR	Hamilton	1:10.10	3
8	Hayden Lohmann	SR	Utica	1:11.79	2
9	Kristofer Mellor	SO	St. Lawrence	1:12.00	1
10	Anthony Leotta	SO	Utica	1:12.12	
11	Timothy Jeralds	FR	Utica	1:13.38	
12	Matthew Waruch	JR	Saint Rose	1:14.42	
13	Robert Scalessa	FR	St. Lawrence	1:14.52	
14	Forest Martin	FR	Utica	1:16.26	
15	Ryan Debellis	FR	Misericordia	1:16.47	
16	Frank Guenthner	FR	Hartwick	1:17.07	
17	Ben Lohmann	FR	Utica	1:17.79	
18	Joseph Catalano	SR	Hartwick	1:21.97	
19	Jamar Matthew	FR	SUNY Delhi	1:24.12	
20	Robert Deck	SO	Saint Rose	1:24.41	

Men 800 Meter Run

Facility: 1:55.16 F 1/14/2023 Ryan Hagan

AARTFC: 1:57.50 A

	Name	Yr	School	Finals	
Finals					
1	Nicholas Lyndaker	SO	St. Lawrence	1:58.10	10
2	Ronan McDonald	SR	Canisius	2:00.10	8
3	James Gallagher	SR	Hamilton	2:00.87	6
4	Trey Rhinehart	JR	Misericordia	2:01.18	5
5	Sam Renaud	JR	Potsdam St.	2:03.28	4
6	James Toleos	SO	Union (N.Y.)	2:04.21	3
7	Tavian McKenna	SO	Misericordia	2:05.19	2
8	Nick Dauphinee	SR	Canisius	2:06.41	1
9	August Kotula	JR	St. Lawrence	2:06.49	

10	Austin Karwacki	SO	Misericordia	2:06.67
11	Christopher Bulmer	SO	Union (N.Y.)	2:07.13
12	Kyle Collins	JR	Union (N.Y.)	2:08.37
13	Sam Lees	JR	SUNY Delhi	2:08.40
14	Andrew Goetzmann	FR	Hamilton	2:08.58
15	Nicholas DeBaise	SO	Union (N.Y.)	2:08.75
16	Nathan Horn	FR	Misericordia	2:08.75
17	Aidan Savitt	SO	Union (N.Y.)	2:09.19
18	Peter Stubler	FR	St. Lawrence	2:09.63
19	Nyerere Hill	JR	SUNY Delhi	2:12.95
20	Cheo Munford	SO	SUNY Delhi	2:13.03
21	Silas Bashant	FR	SUNY Delhi	2:14.71
22	Andrew Layne	SR	Misericordia	2:15.36

Men 1000 Meter Run

Facility: 2:31.86 F 2/8/2020 Andrew Horan

	Name	Yr	School	Finals	
Finals					
1	Ryan Karker	SR	Roberts	2:28.09F	10
2	Tyler Greene	SO	Siena	2:28.41F	8
3	Luke Tkaczyk	JR	Siena	2:34.33	6
4	Luke Jarski	JR	Oneonta	2:34.44	5
5	Anthony Leotta	SO	Utica	2:38.12	4
6	Theodore Pintabona	SR	Roberts	2:39.37	3
7	PJ Dauer	SO	Siena	2:41.15	2
8	Braden Tent	SO	Canisius	2:41.44	1
9	Jaxon Bunting	JR	Roberts	2:41.74	
10	Brody Santagata	SO	Siena	2:43.22	
11	Nate Sletten	JR	Siena	2:43.82	
12	Marcus Homa	FR	Siena	2:43.92	
13	Drew Braden	SO	Canisius	2:44.67	
14	Christopher O'Donnell	JR	St. Lawrence	2:45.13	
15	Jacob Raichel	JR	Canisius	2:45.93	
16	Collin Rice	SR	Canisius	2:47.22	
17	Tom Appenheimer	SR	Canisius	2:48.89	
18	Kevin Board	SR	Canisius	2:49.57	
19	Ben Bellinger	FR	Utica	2:51.35	
20	Henry Baker	SO	St. Lawrence	2:52.51	
21	Timothy Jeralds	FR	Utica	2:53.54	
22	Kyle Ostrander	JR	Saint Rose	2:54.60	
23	Timothy Hansen		Unattached	X2:56.13	
24	Hayden Lohmann	SR	Utica	2:57.61	
25	Colin Maddigan	SO	Canisius	2:57.73	
26	Ben Lohmann	FR	Utica	3:00.91	
27	Forest Martin	FR	Utica	3:03.81	
28	Matthew Rogozinski	FR	Saint Rose	3:20.83	

Men 1 Mile Run

Facility: 4:14.35 F 1/14/2023 Ryan Hagan

AARTFC: 4:23.00 A

	Name	Yr	School	Finals	
Finals					
1	Nicholas Lyndaker	SO	St. Lawrence	4:16.98A	10
2	Owen White	SR	Roberts	4:18.38A	8
3	Jackson Doran	JR	Roberts	4:19.42A	6
4	Andrew Perreault	SR	Canisius	4:19.89A	5

Utica Winter Opener
Hutton Sports & Recreation Center - 1/12/2024
Results

Finals ... (Men 1 Mile Run)

Name	Yr	School	Finals
5 Blake Kasper	SR	Roberts	4:20.10A 4
6 Benjamin Neff	JR	Union (N.Y.)	4:21.23A 3
7 Tyler Tkaczyk	FR	Siena	4:26.08 2
8 Zachary Hall	JR	Roberts	4:27.53 1
9 John Quinn	FR	Hamilton	4:27.95
10 Collin Rice	SR	Canisius	4:31.12
11 Tom Appenheimer	SR	Canisius	4:31.38
12 Nate Sletten	JR	Siena	4:32.02
13 Brody Santagata	SO	Siena	4:32.17
14 Steve Soprano		Unattached	X4:32.25
15 Peyton Sparatorico	FR	Canisius	4:33.21
16 Hugh Williams	SO	Hamilton	4:33.46
17 Griffin Roeder	SO	St. Lawrence	4:33.89
18 Owen Patry	SO	St. Lawrence	4:34.85
19 Brogan Deem-Ranzetta	SR	Hamilton	4:35.30
20 August Kotula	JR	St. Lawrence	4:35.56
21 Ben Trantanella	JR	Union (N.Y.)	4:35.57
22 Christopher O'Donnell	JR	St. Lawrence	4:38.37
23 Joseph Capuzzo	FR	Canisius	4:38.59
24 Joseph Simeone	SO	Hamilton	4:41.35
25 Christopher DeForest	JR	Siena	4:41.59
26 Matthew Waruch	JR	Saint Rose	4:44.19
27 Zed McNaughton	FR	Hamilton	4:45.09
28 James Trigilio	FR	Hamilton	4:47.13
29 William Plante	SO	Union (N.Y.)	4:48.86
30 Noah Pickard	FR	Oneonta	4:50.27
31 Jackson Klehr	FR	Union (N.Y.)	4:50.52
32 Ben Bellingier	FR	Utica	4:50.58
33 Timothy Hansen		Unattached	X4:51.42
34 Griffin Cooke	JR	Siena	4:51.69
35 Ryan Weber	FR	Misericordia	4:51.73
36 Lucas Berg	FR	Oneonta	4:54.64
37 Will Bonnette	FR	Union (N.Y.)	4:54.73
38 Ben Pistiner	FR	Union (N.Y.)	4:57.38
39 Jeremy Bywater	FR	Hamilton	4:58.22
40 Garrett Cordova-Caddes	FR	Hamilton	4:59.42
41 Jodi Johnson	FR	Hartwick	5:00.83
42 Weston Medvetz	FR	Misericordia	5:01.23
43 Ellis Goodson	FR	Hamilton	5:04.12
44 Clayton Davis	JR	Oneonta	5:05.11
45 Kyle Ostrander	JR	Saint Rose	5:05.96
46 Eli Siracusa	SO	Potsdam St.	5:15.79
47 Jacob Newman	FR	Union (N.Y.)	5:22.16
48 Rory Scialabba	JR	Misericordia	5:30.23
49 Kain Robinson	JR	Potsdam St.	5:43.09
50 Ethan Benedict	FR	Hartwick	6:25.96
51 Jack Schroeder	FR	Potsdam St.	6:54.81

Men 3000 Meter Run

Facility: 8:18.57 F 2/18/2017 Benjamin Fazio

AARTFC: 8:47.00 A

Name	Yr	School	Finals
1 Blake Kasper	SR	Roberts	8:30.49A 10

2 Tommy Anderson	SR	Siena	8:30.60A 8
3 Owen White	SR	Roberts	8:36.28A 6
4 Matthew Laframboise	SR	Siena	8:40.87A 5
5 Max Chew	SR	Canisius	8:50.34 4
6 Connor Thomas	FR	Siena	8:51.79 3
7 Mark D'Alessandro	JR	Union (N.Y.)	8:52.22 2
8 John Amenta	SR	SUNY Delhi	8:53.75 1
9 Joseph Pivarunas	SO	Canisius	8:56.43
10 Jimmy Smith	JR	Siena	8:57.98
11 Noah Greski	JR	Siena	9:02.06
12 Steve Soprano		Unattached	X9:02.84
13 Killian McNamee	JR	Siena	9:06.01
14 Ryan Shulman	SO	Misericordia	9:07.42
15 Michael Burns	JR	Oneonta	9:09.41
16 Owen Patry	SO	St. Lawrence	9:11.05
17 Collin Clinton	JR	Siena	9:11.69
18 John Graziani	FR	Hamilton	9:19.15
19 Patrick Fiorillo	JR	Siena	9:20.55
20 Griffin Roeder	SO	St. Lawrence	9:20.97
21 Christian Noa	JR	Oneonta	9:23.06
22 Cole Jacobsen	FR	St. Lawrence	9:23.74
23 Chris Schimkus	FR	Oneonta	9:27.13
24 Thomas Breimer	JR	Union (N.Y.)	9:28.36
25 Henry Ebben	FR	Hamilton	9:29.07
26 Matthew Coleman	JR	St. Lawrence	9:30.82
27 Henry Hagen	FR	St. Lawrence	9:37.91
28 Patrick Garland	SR	Canisius	9:38.94
29 Thomas Bricker	SO	Misericordia	9:54.20
30 Alex Chamak	JR	Oneonta	9:54.49
31 Jodi Johnson	FR	Hartwick	10:15.48
32 Connor Cavanaugh	JR	Union (N.Y.)	10:17.31
33 Anthony Masters	SR	Misericordia	10:40.75
--- Ronan McDonald	SR	Canisius	DNF
--- Alic Rock	FR	Potsdam St.	DNF

Men 5000 Meter Run

Facility: 15:02.41 F 12/3/2016 Jack Pierce

AARTFC: 15:25.00 A

Name	Yr	School	Finals
1 Ben Guerin	SO	Siena	15:19.16A 10
2 Stephen Rowley	JR	Misericordia	15:20.41A 8
3 Jonthomas Bierman	JR	Oneonta	15:39.04 6
4 John Balk Jr.	JR	Oneonta	15:45.10 5
5 Patrick Russell	SO	St. Lawrence	15:48.26 4
6 Matthew Taylor	JR	St. Lawrence	15:53.03 3
7 Colin Brunelle	FR	Siena	15:54.23 2
8 Edward Trenk	JR	Hamilton	15:55.88 1
9 Matthew Serrano	SO	St. Lawrence	16:39.90
10 Alexander Badami	SO	Hamilton	16:58.27
11 Shane Marchese	JR	Oneonta	16:59.06
12 Matt Hayden	JR	Oneonta	17:30.18
13 Andrew Greden	FR	Hamilton	17:34.49
14 Robert Deck	SO	Saint Rose	18:59.37
--- Christopher DeForest	JR	Siena	DNF

Utica Winter Opener
Hutton Sports & Recreation Center - 1/12/2024
Results

Men 60 Meter Hurdles

Facility: 8.06 F Brent Di Vittorio/Brett Morse
AARTFC: 8.60 A

Name	Yr	School	Prelims
Preliminaries			
1 Nate Oczkowski		Unattached	A X8.39Q
2 Joey Ciufio	SR	SUNY Delhi	8.92Q
3 Jamar Matthew	FR	SUNY Delhi	9.07q
4 Edwin Mensah-Boateng	JR	Hamilton	9.09q
5 Ethan Christophersen	FR	Oneonta	9.18q
6 Alexander Mavros	JR	Oneonta	9.20q
7 William Beck	JR	Union (N.Y.)	9.57q
8 Trevon Walker	FR	Saint Rose	10.20q
9 Cole DiGiacomo	SO	Union (N.Y.)	12.25
10 Andrew Wieder	SR	Utica	14.09
--- Luca Montesano	FR	Hartwick	DQ

Men 60 Meter Hurdles

Facility: 8.06 F Brent Di Vittorio/Brett Morse
AARTFC: 8.60 A

Name	Yr	School	Finals
Finals			
1 Joey Ciufio	SR	SUNY Delhi	8.70 10
2 Edwin Mensah-Boateng	JR	Hamilton	8.94 8
3 Jamar Matthew	FR	SUNY Delhi	9.00 6
4 Ethan Christophersen	FR	Oneonta	9.04 5
5 Alexander Mavros	JR	Oneonta	9.12 4
6 William Beck	JR	Union (N.Y.)	9.46 3
7 Cole DiGiacomo	SO	Union (N.Y.)	9.55 2

Men 4x200 Meter Relay

Facility: 1:29.48 F 1/28/2023 SUNY Delhi
D Davis, C Cuevas, L Castro, J Jeffes

Team	Relay	Finals
Finals		
1 Utica	A	1:33.11 10
1) Andrew Hadasz SR	2) Shane Tinney JR	
3) Nolan Flynn SO	4) Ethan Kain SR	
2 Union (N.Y.)	A	1:34.48 8
1) Sam Ahern JR	2) Aaron Binion FR	
3) Sakyi Okwaning FR	4) Ryan Hilliard JR	
3 Utica	B	x1:35.03
1) Tanner Warren FR	2) Evan Smith FR	
3) Matthew Murphy FR	4) Connor Dean FR	
4 Oneonta	B	1:35.54 6
1) Nick Darrigo SO	2) Alec Weiss JR	
3) Joseph Ciardi SO	4) Alexander Mavros JR	
5 Oneonta	A	x1:36.34
1) Chris Ganley SR	2) Aidan Kelly JR	
3) Ethan Christophersen FR	4) Cliff Biehl JR	
6 Utica	D	x1:37.76
1) Michael Orioles SO	2) Jonathan Simmons JR	
3) Theodore Tsamis FR	4) Nyles Rogers JR	

7 St. Lawrence	A	1:38.36 5
1) Carter Daniels FR	2) Jack Beauchesne FR	
3) Charles Gartner JR	4) Brogan McGorray SO	
8 Union (N.Y.)	B	x1:39.01
1) Ronald Rosa Benicio FR	2) Syed Ali FR	
3) Eli Coleman JR	4) Aidan Savitt SO	
9 Utica	C	x1:43.60
1) Isait Flores FR	2) Robert Jackson FR	
3) Jeffrey Forkhamer FR	4) Nicholas Peccia FR	

Men 4x400 Meter Relay

Facility: 3:23.14 F 2/18/2017 RPI
J Hall, P Butler, M Drexler, D Kelly
AARTFC: 3:27.00 A

Team	Relay	Finals
Finals		
1 Hamilton	A	3:38.48 10
1) John Quinn FR	2) Benjamin Ingram JR	
3) Joseph Simeone SO	4) Hugh Williams SO	
2 Siena	A	3:38.81 8
1) PJ Dauer SO	2) Luke Tkaczyk JR	
3) Tyler Greene SO	4) Killian McNamee JR	
3 Union (N.Y.)	A	3:43.48 6
1) Christopher Bulmer SO	2) Nicholas DeBaise SO	
3) James Toleos SO	4) Kyle Collins JR	
4 Hamilton	B	x3:43.52
1) James Gallagher SR	2) Kevin Martinez FR	
3) Andrew Goetzmann FR	4) Brogan Deem-Ranzetta SR	
5 Canisius	C	3:43.90 5
1) Kevin Board SR	2) Joseph Capuzzo FR	
3) Ronan McDonald SR	4) Braden Tent SO	
6 St. Lawrence	A	3:48.79 4
1) Robert Scalessa FR	2) August Zock FR	
3) Kristofer Mellor SO	4) Caleb Young FR	
7 Canisius	A	x3:49.80
1) Andrew Perreault SR	2) Nick Dauphinee SR	
3) Drew Braden SO	4) Peyton Spatorico FR	
8 Hartwick	A	3:50.71 3
1) Joseph Catalano SR	2) Frank Guenther FR	
3) Marquis Jones-Mckinney FR	4) Luca Montesano FR	
9 Canisius	B	x3:52.98
1) Dominic Clementi SR	2) Tom Appenheimer SR	
3) Colin Maddigan SO	4) Jacob Raichel JR	
10 Misericordia	C	3:53.14 2
1) Trey Rhinehart JR	2) Nathan Horn FR	
3) Andrew Layne SR	4) Austin Karwacki SO	
11 Misericordia	B	x4:02.78
1) Ryan Debellis FR	2) Tavian McKenna SO	
3) Weston Medvetz FR	4) Fransisco Torres FR	
12 Potsdam St.	A	4:03.63 1
1) Harper Barrett SR	2) Eli Siracusa SO	
3) Sam Renaud JR	4) Sean Henley FR	
--- Misericordia	A	DNF
1) Shakei Smith SO	2) Owen McGuffey SO	
3) Jacob Hunter FR	4) Nae'qwon Morris FR	

Utica Winter Opener
Hutton Sports & Recreation Center - 1/12/2024
Results

Men High Jump

Facility: 2.13m F 12/3/2016 Keimon Barrow
AARTFC: 1.92m A

Name	Yr	School	Finals
Finals			
1 Aidan Kelly	JR	Oneonta	1.94mA 10
2 Aly Ceesay	SR	Potsdam St.	1.82m 8
3 August Zock	FR	St. Lawrence	1.77m 6
4 Michael Smigen	FR	St. Lawrence	1.77m 5
5 Jayden Tsoi	FR	Oneonta	1.77m 4
6 Connor Dean	FR	Utica	1.72m 3
7 Cooper Jones	JR	Utica	1.72m 1
7 Theodore Tsamis	FR	Utica	1.72m 1
7 Brogan McGorray	SO	St. Lawrence	1.72m 1
10 Jeffrey Forkhamer	FR	Utica	1.58m
11 Jayden Halstead	SO	Misericordia	1.58m
12 Tim Petty	JR	Potsdam St.	1.51m
--- Kip Isaac	SO	Misericordia	NH

Men Pole Vault

Facility: 5.40m F 1/15/2022 Zach Ferrara
AARTFC: 4.45m A

Name	Yr	School	Finals
Finals			
1 Jack Rathburn	SO	Utica	4.00m 10
2 Michael Carey	JR	Oneonta	4.00m 8
3 Aidan Kelly	JR	Oneonta	3.70m 6

Men Long Jump

Facility: 7.46m F 1/26/2019 George Alexandris
AARTFC: 6.65m A

Name	Yr	School	Finals
Finals			
1 Aidan Steele	FR	SUNY Delhi	6.58m 10
2 Trevon Walker	FR	Saint Rose	6.42m 8
3 Luke Foster	FR	SUNY Delhi	6.42m 6
4 Matthieu Brunelle	SR	Misericordia	6.39m 5
5 Cliff Biehl	JR	Oneonta	6.34m 4
6 James McBride	FR	Misericordia	6.28m 3
7 Connor Dean	FR	Utica	6.27m 2
8 John Tanis	JR	Misericordia	6.14m 1
9 Cristhian Cuevas	SO	SUNY Delhi	6.03m
10 Brandon Bandy	FR	Oneonta	6.00m
11 Eli Coleman	JR	Union (N.Y.)	5.97m
12 John Mahoney	FR	St. Lawrence	5.95m
13 Jacob Hunter	FR	Misericordia	5.95m
14 Keenan Wood	FR	Saint Rose	5.95m
15 Andrew Wieder	SR	Utica	5.93m
16 Michael Prata	JR	Oneonta	5.90m
17 August Zock	FR	St. Lawrence	5.89m
18 Saleh Eltayeb	SR	Hamilton	5.84m
19 Byamungu Mugushu	SR	Utica	5.71m
20 Matthew Reed	FR	Potsdam St.	5.70m
21 Thomas Pinkowski	FR	Oneonta	5.67m
22 Matthew Murphy	FR	Utica	5.66m

23	Cooper Jones	JR	Utica	5.65m
24	Charles Gartner	JR	St. Lawrence	5.47m
25	Robert Jackson	FR	Utica	5.47m
26	Zane Moussa	JR	Potsdam St.	5.33m
27	Henry Daley		Unattached	X5.16m
28	Erik Shattenberg	FR	St. Lawrence	4.63m
---	Devon Frazier	SO	Misericordia	DNS

Men Triple Jump

Facility: 14.61m F 12/3/2016 Keimon Barrow
AARTFC: 13.40m A

	Name	Yr	School	Finals	
Finals					
1	Joshua Jerome	SO	Oneonta	12.83m	10
2	Matthieu Brunelle	SR	Misericordia	12.80m	8
3	Peter Cuomo	SR	Hamilton	12.78m	6
4	Aidan Steele	FR	SUNY Delhi	12.60m	5
5	Jayden Tsoi	FR	Oneonta	12.50m	4
6	Ryan Hilliard	JR	Union (N.Y.)	12.45m	3
7	Aaron Binion	FR	Union (N.Y.)	12.31m	2
8	Keenan Wood	FR	Saint Rose	12.08m	1
9	Michael Smigen	FR	St. Lawrence	11.92m	
10	Henry Daley		Unattached	X11.63m	
11	Matthew Reed	FR	Potsdam St.	11.23m	
12	Brendan O'Horo	FR	St. Lawrence	11.16m	
13	Brogan McGorray	SO	St. Lawrence	11.04m	
---	Devon Frazier	SO	Misericordia	DNS	
---	Erik Shattenberg	FR	St. Lawrence	DNS	

Men Shot Put

Facility: 16.53m F 2/22/2019 Keanu Heedram
AARTFC: 14.40m A

Name	Yr	School	Finals
Finals			
1 Hunter Logan	JR	Utica	16.11mA 10
2 Vincent Zheng	JR	Oneonta	13.75m 8
3 Billie Mays III	JR	Utica	13.39m 6
4 Demar Osbourne	JR	Roberts	13.27m 5
5 Brayden Brown	SO	Misericordia	13.24m 4
6 Tito Bowens	JR	St. Lawrence	13.08m 3
7 Zachary Jaworski	JR	St. Lawrence	13.03m 2
8 Mason Lang	SO	Union (N.Y.)	12.79m 1
9 James Olson	JR	SUNY Delhi	12.56m
10 Michael Fasano	JR	Hamilton	12.48m
11 Marcus Barkley	FR	Misericordia	12.48m
12 Michael McNeil	JR	Utica	12.22m
13 Stephen Gihir	SO	Misericordia	12.17m
14 Sawyer Eckberg	SO	Oneonta	11.50m
15 Michael Parry	FR	Utica	10.80m
16 Erik Schneider	SO	St. Lawrence	10.75m
17 Jalen George	FR	Saint Rose	10.68m
18 Aidan Kelly	JR	Oneonta	10.67m
19 Ethan Rowe	JR	St. Lawrence	10.64m
20 Antonio Cocchiario	SO	Union (N.Y.)	10.62m
21 Michael Rollins	JR	Utica	10.61m
22 Nicholas Entner	SO	Union (N.Y.)	10.40m

Utica Winter Opener
Hutton Sports & Recreation Center - 1/12/2024
Results

Finals ... (Men Shot Put)

	Name	Yr	School	Finals
23	Jay Brown	JR	Utica	10.16m
24	Cooper Ladouceur	SO	Potsdam St.	9.94m
25	Leonardo Checo	FR	Utica	9.82m
26	Riley Macaluso	SO	Misericordia	9.76m
27	Aramis Suarez	FR	Union (N.Y.)	9.76m
28	Isaiah Anighoro	FR	Utica	9.73m
29	Keegan Park		Unattached	X9.50m
30	Robert Lustyik	FR	Misericordia	9.47m
31	Jon Lent	FR	SUNY Delhi	9.46m
32	James Adams	FR	Hartwick	9.13m
33	Zane Stevens	SO	Potsdam St.	8.90m
34	Quwayne Lawernce	SO	Hartwick	8.03m
35	Brandon Clarke	FR	Saint Rose	7.61m
36	David Gerke	FR	Saint Rose	6.12m
---	Elijah Cruz	FR	Oneonta	FOUL
---	Thomas Dunn	JR	Utica	FOUL
---	Adam Hecker	SO	Union (N.Y.)	DNS

Men Weight Throw

Facility: 19.55m F 1/14/2017 Luis Rivera

AARTFC: 15.50m A

	Name	Yr	School	Finals
Finals				
1	Antwan Kelly	SR	Utica	17.83mA 10
2	Justin Swavely	JR	Utica	15.71mA 8
3	Zachary Jaworski	JR	St. Lawrence	14.77m 6
4	James Olson	JR	SUNY Delhi	14.30m 5
5	Jalen George	FR	Saint Rose	14.10m 4
6	Marco Alteri	JR	Oneonta	14.03m 3
7	Joshua Talbot	SO	Utica	13.82m 2
8	Stephen Gihl	SO	Misericordia	13.13m 1
9	Zane Moussa	JR	Potsdam St.	12.92m
10	Jordan Moran	JR	Roberts	12.77m
11	Erik Schneider	SO	St. Lawrence	12.59m
12	Mark Brown	SR	Utica	12.39m
13	Vincent Zheng	JR	Oneonta	12.34m
14	Mason Lang	SO	Union (N.Y.)	12.13m
15	Sawyer Eckberg	SO	Oneonta	11.91m
16	Michael Rollins	JR	Utica	11.81m
17	Ethan Rowe	JR	St. Lawrence	11.57m
18	Riley Macaluso	SO	Misericordia	11.34m
19	Michael McNeil	JR	Utica	11.04m
20	Michael Fasano	JR	Hamilton	10.65m
21	Nicholas Entner	SO	Union (N.Y.)	10.62m
22	Elijah Cruz	FR	Oneonta	10.21m
23	Aramis Suarez	FR	Union (N.Y.)	9.86m
24	Robert Lustyik	FR	Misericordia	9.82m
25	Jon Lent	FR	SUNY Delhi	9.56m
26	Tito Bowens	JR	St. Lawrence	8.95m
27	Antonio Cocchiaro	SO	Union (N.Y.)	8.68m
28	Quwayne Lawernce	SO	Hartwick	7.37m
---	Michael Parry	FR	Utica	FOUL
---	Adam Hecker	SO	Union (N.Y.)	DNS
---	Hunter Logan	JR	Utica	DNS

--- Spencer Borghardt SO Utica DNS

Mixed 1 Mile Run Alumni

	Name	Yr	School	Finals
Finals				
1	Geoff Hale	M	Utica Alumni	X4:48.11
2	Tyler Sutton	M	Utica Alumni	X5:03.35
3	Nick Ashton	M	Utica Alumni	X5:13.37
4	Dan Block	M	Utica Alumni	X5:20.96
5	Brian Attas	M	Utica Alumni	X5:37.41
6	Jason Ortiz	M	Utica Alumni	X6:09.38
7	Maggie Reid	W	Utica Alumni	X8:03.23

Women - Team Rankings - 18 Events Scored

1) Utica	168.5
2) Oneonta	82.5
3) Canisius	71
4) Siena	68
5) Hamilton	65
6) Union (N.Y.)	53
7) Misericordia	39
7) SUNY Delhi	39
9) Roberts Wesleyan	34
10) St. Lawrence	30
11) Potsdam St.	19
12) Saint Rose	16
13) Hartwick	6

Men - Team Rankings - 18 Events Scored

1) Utica	107
2) Oneonta	104
3) St. Lawrence	75
4) SUNY Delhi	71
5) Siena	54
6) Roberts Wesleyan	53
7) Union (N.Y.)	45
8) Misericordia	42
9) Hamilton	41
10) Saint Rose	38
11) Canisius	29
12) Potsdam St.	13
13) Hartwick	3